



The Periodic Table of the Elements

H																	B	C
Li	Be											Al	Si					
Na	Mg											Al	S					
K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge					
Rb	Sr	Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn					
Cs	Ba	L	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb					
Fr	Ra	A											At	Fl				
L	La	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er						
A	Ac	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm						

Essential Elements of Life  
**Hydrogen, Carbon, Nitrogen, Oxygen, Phosphorus, a**